



Heart + Hand
OUTREACH MINISTRIES

News Flash

The Newsletter full of Good News



Heart+ Hand Back to School Bash in Kanawha and Putnam County was a HUGE success thanks to local churches and community members. This year we were able to help over 300 students with bookbags and school supplies. Additionally, many of those kids received low priced clothing or clothing vouchers from Heart+Hand Thrift Store! We traveled to seniors, low-income apartments, and students in August for School Supplies, Food and Household Products delivery!



It's almost time for the **2022 Kay Hall Hike for Hunger- Throwback Edition!** on October 2, 2022 at 2pm. Participants may register and pay with a credit card online at hhomwv.org or pick up a registration form in-person at 212 D Street in South Charleston. Registration Fee is \$20/humans and \$10/dogs. This includes a free T-shirt for you and a bandanna if you register your dog. *Bring your oldest Hike for Hunger shirt to participate in a special THROWBACK CONTEST.* The Kay Hall Hike for Hunger is a one-mile fully accessible walk around South Charleston. *All Proceeds benefit our programs. We need your help to fill our pantry. No donation is too small- the pantry is overwhelmed with need.



The Roncalli High School Mission Team from Indiana stays for a week during the Summer in the Upper Kanawha Valley to assist with housing projects. This year the students built an accessibility ramp for one of our neighbors in need! The students were also able to help with our Back to School Bash in Kanawha County!

Youthworks sent teens from all over the country to participate in community service at Heart + Hand in South Charleston! They helped us to hang clothing, carry food, take donations, and so much more! Thanks to these teens for helping us to **FEED THE NEED!**

Teens contributed over 1,000 community service hours in the month of July. WOW!

South Charleston Food Pantry Needs: Pancake Mix & Syrup, Canned Meat, Soup, Jiffy Mix, Spaghetti Sauce, Pasta, and Rice. Thank you for your donations to help us Feed the Need!