



Heart + Hand
OUTREACH MINISTRIES

News Flash

The Newsletter full of Good News



Sunday, October 6th, over 200 participants and 18 dogs gathered in their 2019 blue Hike for Hunger shirts and bandanas. The logos of 19 corporate sponsors adorned the back of the t-shirts. Much of the crowd was associated with the 13 church teams that partner with Heart + Hand in the fight against hunger in our community.

Thousands of individuals will receive food from Heart + Hand in 2020 thanks to the generous support of our community. We thank everyone that made this event a success. Please mark your calendar for the next Kay Hall Hike for Hunger on Sunday, October 4, 2020.



Over 5,000 individuals benefit from Heart + Hand programs each year. There are many ways you can help.

- Organize a food collection at your workplace or church.
- Volunteer to Ring Bells at the Riverwalk Kroger in December.
- Sponsor a child or help with Christmas Distribution.
- Volunteer one day a week or for just one day.

You can make a big difference. Please call Jenny or Vicki for details.



Mikey is a participant in our Re+Connect Program. You may have seen him lead the prayer at the Hike for Hunger. Mikey has completed over 300 service hours at Heart + Hand since he left prison and began volunteering from the federal work release program at Dismas Charities. He plans to work part-time and attend Bridge Valley Community and Technical College to complete their HSRS Addiction Certificate program. Mikey says, "When I started volunteering at Heart + Hand a whole community of people opened their hearts to me. I am so thankful that God wrapped his arms around me and showed me his light".

Food Pantry Needs: Pancake Mix and Syrup, Cereal, Mac & Cheese, Soup, Corn, Green Beans.

WV Neighborhood Investment Program Tax Credits are currently available for donations that support Heart + Hand programs. Please call Vicki for more information.