



Heart + Hand
 OUTREACH MINISTRIES

Celebrating 55 Years!

Virtual Event Starts
 October 4, 2020 at 2:00pm
www.facebook.com/KayHallHike

Join us for our annual Kay Hall Hike for Hunger! Heart + Hand helps 5,000 individuals each year with food, clothing, household items, work shoes, home medical equipment, diapers, formula, utility assistance, and more! Low income families residing in South Charleston, St. Albans, Tornado, Dunbar, Institute, and Alum Creek. Putnam County and Riverside High School area residents benefit from the convenience of our remote offices. We provide weekend food bags for South Charleston Middle School students who might not have enough to eat on weekends and thanks to your participation last year we were able to serve seniors in the community with food delivery through the Covid-19 crisis. Our doors were able to remain open to the community thanks to your participation! This year you may choose to Hike remotely and join us virtually as we go Live! On Facebook.

FOLLOW us on Facebook at Kay Hall Hike for Hunger and VISIT our website at hhomwv.org to read our virtual hike FAQ and download additional registration forms.

We need your help. Create a team, get sponsors, walk the track-anywhere, HELP FEED THE NEED!

Pre-Registration Requested

Name _____ Team / Church Name (optional) _____

Address _____

Phone _____ E-mail _____

Include a \$20 Individual Registration Fee _____ Shirt Size _____

For Virtual Packet Mailing Include \$5 Shipping Fee Check this box to receive packet by mail.

For Participating Dog Include \$10 for Event Bandana _____ Dog's name _____

Register Online at the Heart + Hand Outreach Ministries Facebook Page or Return this Pre-Registration Form by September 30, 2019 to:

Heart + Hand Outreach Ministries
 212 D Street
 South Charleston, WV 25313 304.342.0029
 Jenny Keener, Volunteer and Donation Coordinator
volunteers@hhomwv.org

Sponsorship sheet and donations should be turned in at the event registration table or in person by October 2nd for virtual recognition.

