



2019 KAY HALL

# Hike for Hunger

Heart + Hand Outreach Ministries



## Heart + Hand

OUTREACH MINISTRIES

**Walking Event starts at:**

212 D Street, South Charleston (@ Heart + Hand)

October 6, 2019 at 2:00pm

Heart + Hand helps 5,000 individuals each year with food, clothing, household items, work shoes, home medical equipment, diapers, formula, utility assistance, and more! Low income families residing in South Charleston, St. Albans, Tornado, Dunbar, Institute, and Alum Creek meet with a caseworker at our South Charleston office to identify solutions to their basic needs. Putnam County residents benefit from the convenience of our office located at the Winfield United Methodist Church. We take a mobile office to Chesapeake City Hall to assist residents of the Riverside High School district every Friday. We provide weekend food bags for South Charleston Middle School students that might not have enough to eat on weekends. This fun annual event brings the community together to increase funding for our programs. We'll be starting from Heart + Hand in South Charleston and follow a course through the streets of downtown South Charleston.

**We need your help. Create a team, get sponsors, walk the track, HELP FEED THE NEED!**

### Pre-Registration Requested

Name \_\_\_\_\_ Team / Church Name (optional) \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Include a \$20 individual registration fee and preferred shirt size \_\_\_\_\_

Participating Dog's Name \_\_\_\_\_

**Include a \$10 registration fee for your dog to receive an event bandanna.**

**Register Online at the Heart + Hand Outreach Ministries Facebook Page or  
Return this Pre-Registration Form by September 30, 2019 to:**

Patty Tilley, Program Director  
Heart + Hand Community Service Center  
212 D Street  
South Charleston, WV 25313  
304.744.6741  
heartandhandsc@hhomwv.org

Sponsorship sheet and donations should be turned in at the event registration table.



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## Participant's Sponsorship Sheet

### How it works:

1. Submit a completed pre-registration form including your shirt size.
2. Collect as many sponsorships as possible from friends, family, and co-workers.
3. Pick up your shirt and drop off money collected October 1st or on the day of the event.
4. Event starts October 6, 2019 at 2pm: Heart + Hand, 212 D Street, South Charleston.
5. Walk the route: 1.5 miles through historic downtown South Charleston.
6. Refreshments and cool down at Café Appalachia, located beside Heart + Hand.

Name \_\_\_\_\_

Phone \_\_\_\_\_

Sponsor Name	Phone	Pledge	Collected
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
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_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
<b>TOTAL</b>		\$ _____	\$ _____